

**COUNTY OF SAN LUIS OBISPO BOARD OF SUPERVISORS
AGENDA ITEM TRANSMITTAL**

(1) DEPARTMENT Behavioral Health	(2) MEETING DATE 8/20/2013	(3) CONTACT/PHONE Darci Hafley 805-788-2156	
(4) SUBJECT Request to approve a renewal contract (Clerk's File) with Central Coast Link (The Link) for FY 2013-14 in the amount not to exceed \$143,392 to provide prevention and early intervention behavioral health services to youth and families throughout the county.			
(5) RECOMMENDED ACTION It is recommended that the Board approve and direct the Chairperson to sign the renewal contract with Central Coast Link (The Link) for FY 2013-14 in the amount not to exceed \$143,392 to provide prevention and early intervention behavioral health services to youth and families throughout the county.			
(6) FUNDING SOURCE(S) Mental Health Services Act	(7) CURRENT YEAR FINANCIAL IMPACT \$143,392.00	(8) ANNUAL FINANCIAL IMPACT \$143,392.00	(9) BUDGETED? Yes
(10) AGENDA PLACEMENT <input checked="" type="checkbox"/> Consent <input type="checkbox"/> Presentation <input type="checkbox"/> Hearing (Time Est. ____) <input type="checkbox"/> Board Business (Time Est. ____)			
(11) EXECUTED DOCUMENTS <input type="checkbox"/> Resolutions <input type="checkbox"/> Contracts <input type="checkbox"/> Ordinances <input type="checkbox"/> N/A			
(12) OUTLINE AGREEMENT REQUISITION NUMBER (OAR) 19001319		(13) BUDGET ADJUSTMENT REQUIRED? BAR ID Number: <input type="checkbox"/> 4/5th's Vote Required <input type="checkbox"/> N/A	
(14) LOCATION MAP N/A	(15) BUSINESS IMPACT STATEMENT?		(16) AGENDA ITEM HISTORY <input type="checkbox"/> N/A Date: <u>08/24/2012</u>
(17) ADMINISTRATIVE OFFICE REVIEW Reviewed by Leslie Brown			
(18) SUPERVISOR DISTRICT(S) All Districts -			

County of San Luis Obispo



TO: Board of Supervisors

FROM: Jeff Hamm, Health Agency Director

DATE: 8/20/2013

SUBJECT: Request to approve a renewal contract (Clerk's File) with Central Coast Link (The Link) for FY 2013-14 in the amount not to exceed \$143,392 to provide prevention and early intervention behavioral health services to youth and families throughout the county.

RECOMMENDATION

It is recommended that the Board approve and direct the Chairperson to sign the renewal contract with Central Coast Link (The Link) for FY 2013-14 in the amount not to exceed \$143,392 to provide prevention and early intervention behavioral health services to youth and families throughout the county.

DISCUSSION

The Mental Health Services Act (MHSA) is dedicated to transforming the public mental health system and seeks to reduce the long-term adverse impact from untreated serious mental illness. MHSA funds are divided into five distinct components, and one of the components is Prevention and Early Intervention (PEI). As required by the MHSA statutes, the local PEI Community planning team is responsible for guiding the planning process, analyzing community input, and selecting projects in accordance with community priorities.

The contract renewal will continue to provide three (3) Family Advocates to the following six county Middle Schools, as part of the PEI Middle School Comprehensive Project:

- Flamson Middle School
- Santa Lucia Middle School
- Atascadero Junior High School and Fine Arts Academy
- Los Osos Middle School
- Judkins Middle School
- Mesa Middle School

At risk students are referred to participate in the program due to poor attendance, academic failure, and disciplinary referrals. The Family Advocates coordinate case management, referral services, and intervention services to at-risk families and youth. Family Advocates provide youth and their families with access to local resources providing job development, health care, clothing, food, tutoring, parent education, and treatment referrals.

In April, 2013, the community planning team, based on successful results of the first three years of PEI programs, decided to recommend continuation of the Middle School Comprehensive Project, as part of the Mental Health Services Act Annual Update.

The Middle School Comprehensive Project was adopted by your Board July 23, 2013, as part of the Mental Health Services Act Annual Update.

OTHER AGENCY INVOLVEMENT/IMPACT

The identification of this and other MHSA PEI programs involved collaboration and review by mental health stakeholders through the PEI planning process and by the local community planning team. County Counsel has reviewed and approved the contracts as to form and legal effect.

FINANCIAL CONSIDERATIONS

The FY 2013-14 Adopted Budget includes funding of \$141,892 for the Central Coast Link. There is an increase of \$1,500 increase from the FY 2012-13 contract amount due to an additional mini grant award. The actual amount spent in FY 2012-13 was \$141,892.

RESULTS

Behavioral Health operational and administrative staffs work in continuous partnership with Link staff to review results against budgeted targets, promote ongoing improvement of programs, and discuss community climate and upcoming needs of youth and families in our county. Program output targets are set at a minimum acceptable level as negotiated with the contractor with the overall purpose of providing the best possible service to our clients based on community specific needs.

The primary goal of the project is to build resiliency and identify mental health issues of middle school youth and their families early. The contract will provide continued support and service for each of the six middle schools participating in this program. Family Advocates are highly valued in other human services agencies and school systems throughout the county and are often considered the key to a person's success in overcoming difficult times and situations.

The Mental Health Services Act Annual Update included an in-depth evaluation of the Middle School Comprehensive Project during fiscal years 2009-12, which includes the services provided by the Link. The evaluation report can be found on the County's Mental Health Services Act website:

<http://www.slocounty.ca.gov/Assets/MHS/pdfs/PEI+Evaluation+2009-2012.pdf>

Highlights of the three year evaluation include:

- 16% Average improvement rate in grades of program participants
- 21% Average reduction in rate of absenteeism among program participants
- 40% Average reduction in frequency of acts of violence and aggression among program participants

During FY 2012-13, The Link provided 461 contact information and referrals as a prevention level activity which exceeded the target of 350. Variables (such as size of the family served) can cause this number to fluctuate. The Link provided case management services for 268 youth and families, which also met the target.

81% of managed cases showed improvement in areas appropriate for each family in FY 2012-13. The Link is expected to continue to provide the same level of service in FY 2013-14.

Continuation of this program will help the Behavioral Health Department achieve its goal of by increasing protective factors and reducing risk factors of at-risk middle school youth and their families. Promotion of positive mental health, and prevention and early intervention services and reduces the negative impact of mental illness and contributes to the desired community wide goal of a safe, healthy, and livable community.

ATTACHMENTS

1. The Central Coast Link Renewal Contract FY 2013-14 Clerk's Filed